



1. What do I expect upon arrival at the healing centre?  
Upon arrival, you will be introduced to our wellness team. Our intake coordinator will meet with you briefly to answer any questions you may have, give you a tour of our facility and a welcome package. You will be assigned a bedroom (either single or double occupancy) and a staff member will conduct a search of your bags. This process will ensure the safety of yourself and others at the facility. After such you will be given some time to put your belongings away and make yourself comfortable before joining together with the rest of the group participants.
2. What can't I bring with me to treatment?  
We ask that you keep any electronics (cell phones, MP3 Players, Ipods, iPads, etc.) at home. All participants will have weekly phone and internet privileges. Personal hygiene products cannot contain alcohol or aerosol. If you bring any of the above mentioned, they will be kept safe for you until you depart from the treatment centre.
3. Can I smoke?  
Yes, the treatment centre has designated smoking areas.
4. Will we go on outings?  
The treatment program has daily lands-based activities but will also offer opportunities to attend 12-step meetings and recovery programs off-site.
5. What happens if the treatment beds are full?  
If our beds are full, our intake worker will meet with you and let you know of the next available treatment date. This worker can also help refer you to another treatment centre should this be something of interest.
6. How can my family also get support?  
The treatment program offers a once weekly for four-week family treatment program that can help support older youth and adult family members. This program focuses on understanding addiction through a family lens, codependency, boundaries, communication and celebration.

Contact Information for Intake:

Intake Worker- [intake@fftahs.com](mailto:intake@fftahs.com)

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Healing Centre