



Legal

- Probation/Parole are aware that I will be attending treatment
- Arrangements have been made for any outstanding charges
- Court dates have been rescheduled for after treatment
- I have a copy of my probation order and conditions
- Legal identification, ie: health card, status card

Financial

- I have arranged for my bills to be paid
- I have made arrangements with my employer, Ontario Works, or Ontario Disability Support Program
- I have enough money for cigarettes and snacks
- My rent is paid and someone will check on my house for me OR Someone will deposit my cheques for me

Dependents

- Arrangements have been made for child care and child welfare access visit information
- Arrangements made for elder/parent care
- Arrangements made for pets (food, water, walk)
- Arrangements made for partner
- Arrangements made for visits while in treatment

Personal Needs

- Prescription arrangements have been made with Intake Worker/Local Pharmacy
- Diabetes Management (Glucometer/Test Strips)
- Personal Needs:
 - Toothpaste, Toothbrush
 - Shampoo, Conditioner
 - Hair Styling Products
 - Hair comb, Brush
 - Deodorant , Creams or Lotion
 - Phone card for long distance calls
- Weather/season appropriate clothing; outdoor wear for land-based activities
- Appropriate pajamas or nighttime wear
- Personal Items: slippers or indoor shoes, reading material, cigarettes (or money to buy)
- Traditional or Spiritual Items: bundles or sacred items, shorts/t-shirts or long skirts to wear in ceremony including sweat lodge

Prohibited Items: DO NOT BRING

- Any items that contain alcohol or aerosol (includes items such as hairspray)
- Electronics- this can include IPODS, MP3 Players, Cell Phones, Tables, Etc. Should you bring these items with you, they will be kept in lock-up and returned upon completion of the program
- Medications that are not in package or prescribed by your family doctor
- Any items which may be considered dangerous

