

Fort Frances Tribal Health Area Health Services Inc.

Behaviour Health Services

P.O. Box 608, Fort Frances, Ontario, P9A3M9



# **Mino Ayaa Ta Win**

## **“Helping Ourselves Heal”**

### **Intake Form & Referral Package**

Pre-Treatment Program

Outpatient Program

After-Care Program

Counselling Services



*Please indicate what program you are applying for*

## INTAKE FORM

Pre-Treatment Program \_\_\_

File No: \_\_\_\_\_

Outpatient \_\_\_

New: \_\_\_\_\_

After-Care Program \_\_\_

Re-open: \_\_\_\_\_

Counselling \_\_\_

REFERRAL DATE: \_\_\_\_\_

Name:	Anishinaabe Name:
Spiritual Advisor, Elder:	Clan:
Community:	On Reserve: _____ Off Reserve: _____ Status Card Number:
Please describe your belief system:	
Street/Mailing Address:	City and Province:
Phone Number:	Email:
D.O.B.	AGE:
Sex: Male _____ Female _____	
Referred By:	Other Contact (s):
Reason for Referral:	
Suicide Risk: High _____ Med _____ Low _____ NA _____	
Other Notations:	

Referral Taken By: \_\_\_\_\_ Assigned To: \_\_\_\_\_

Supervisor Signature: \_\_\_\_\_



## PLEASE INDICATE

<input type="checkbox"/> First nation <input type="checkbox"/> Inuit <input type="checkbox"/> Metis <input type="checkbox"/> Caucasian <input type="checkbox"/> Other
Marital Status: <input type="checkbox"/> Single <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/> Common-law <input type="checkbox"/> Widowed <input type="checkbox"/> Married
Name of Spouse/Partner: _____

## Medical History

Family Doctor Name:	Telephone:	
Address:		
<b>Please list any and all medications below:</b>		
Name	Dose started	Prescribed by
Reason Prescribed	Dose current	When it started
Name	Dose started	Prescribed by
Reason Prescribed	Dose current	When it started
Name	Dose started	Prescribed by
Reason Prescribed	Dose current	When it started
Name	Dose started	Prescribed by
Reason Prescribed	Dose current	When it started
Do you have any allergies? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please name:	
Is Epi-Pen required for the above allergies?		



**Do you have any of the following? (Please check all that apply)**

- Ear/Hearing problems
- Arthritis
- Tuberculosis
- Hernia
- Convulsions/seizures
- Asthma
- Eye problems
- Head Injury
- Bowel problems
- Stomach problems
- Blood Pressure
- Cancer
- Pregnancy
- Heart Disease

Are there any major health concerns that you have that are not listed here?  
(Please List):

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**EDUCATION**

Highest Grade Completed	Name of last school attended
Have you had any learning difficulties in school?	

**Employment Status**

- Employed (Full-time, Part-time, Seasonal, Job Training)
- Unemployed
- Retired

**Income Source**

- Employment
- Employment Insurance
- Ontario Works
- Pension
- No Income

**Preferred Language**

- Ojibwe
- Oji-Cree
- Cree
- English
- Other \_\_\_\_\_



## PERSON IN CASE OF AN EMERGENCY

Name: _____	
Phone number(MANDATORY):	Relationship to applicant:

## Legal Status and History

Current/Pending Charges <input type="checkbox"/> Yes <input type="checkbox"/> No		
List Charge(s):		
In Jail <input type="checkbox"/> Yes <input type="checkbox"/> No	Release Date	
On Probation <input type="checkbox"/> Yes <input type="checkbox"/> No	Start Date	End Date
Conditions:		
On Parole <input type="checkbox"/> Yes <input type="checkbox"/> No	Start Date:	End Date:
Conditions		
Do you have to attend criminal court?	When?	For What?
Probation /Parole Officer		Telephone Number
Address		

**Please indicate if you had any of the past offences listed below: (Check all that apply)**

<input type="checkbox"/> Arson	<input type="checkbox"/> Forgery	<input type="checkbox"/> Probation violation	<input type="checkbox"/> Willful damage/mischief
<input type="checkbox"/> Assault	<input type="checkbox"/> Impaired driving	<input type="checkbox"/> Robbery	<input type="checkbox"/> Criminal negligence causing death
<input type="checkbox"/> Break & Enter	<input type="checkbox"/> Manslaughter	<input type="checkbox"/> Sexual assault	<input type="checkbox"/> Possession stolen property
<input type="checkbox"/> Burglary	<input type="checkbox"/> Murder	<input type="checkbox"/> Theft	
<input type="checkbox"/> Drug Charges	<input type="checkbox"/> Parole violation	<input type="checkbox"/> Weapon offenses	



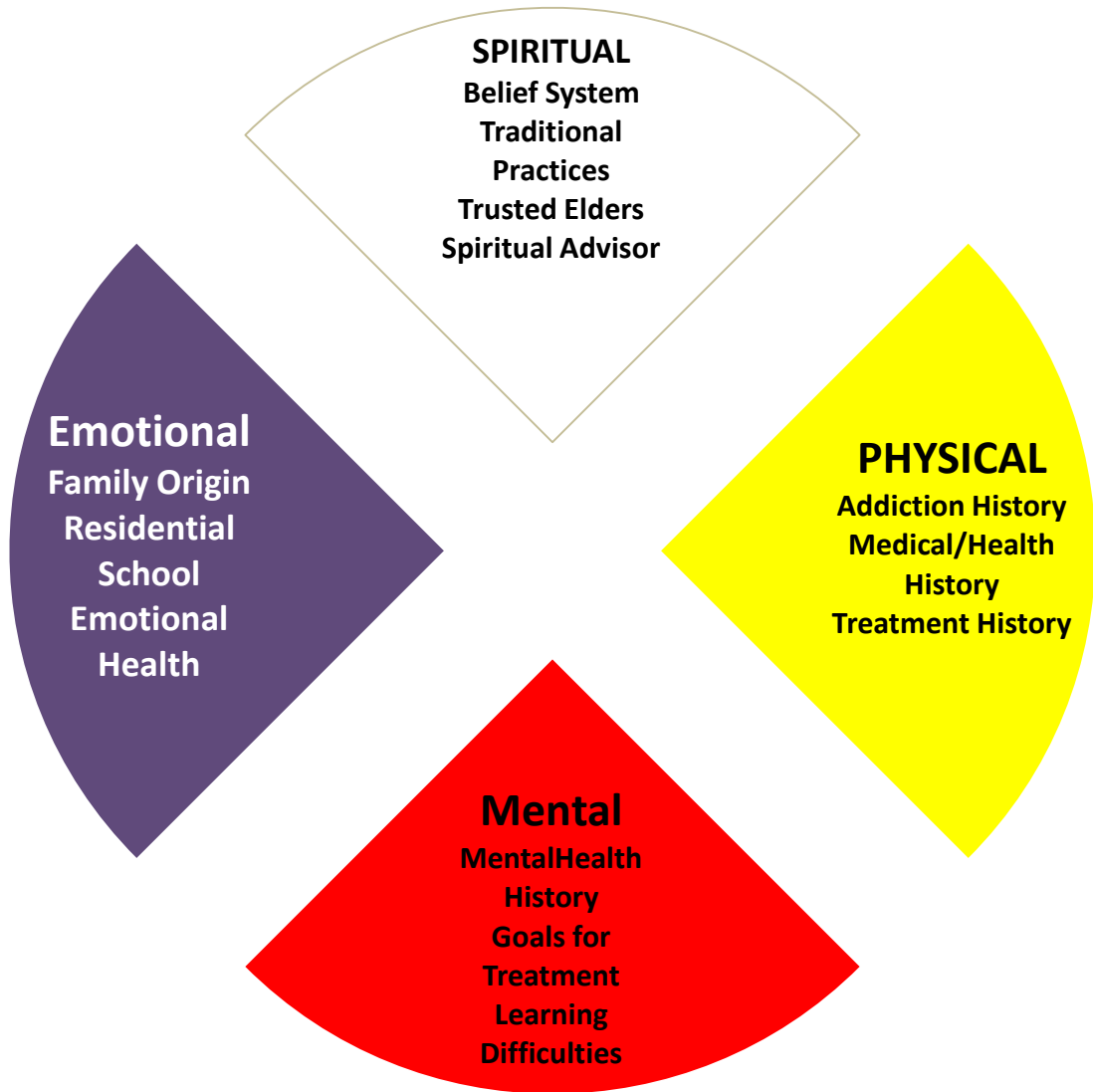
## REFERRAL SOURCE INFORMATION

Name of Referring Person	Position
Agency Name and Address	
Phone Number	Facsimile Number
What is the nature of your relationship with the client: (i.e. counsellor, advocate, family, doctor, ect?)	
How long have you known the client?	
Reason for involvement with referring person/agency:	
Give a brief description of the client's issues as you see them:	
What is your assessment of the client's level of motivation at this time?	
To your knowledge, has the client ever experienced psychiatric or psychological problems? If so, please explain)	
Please list the program and/or services available in your community for aftercare or follow up for this client.	



# Medicine Wheel

## What will be covered during treatment





# PHYSICAL ASPECT OF SELF-ADDICTIONS HISTORY

**THIS SECTION: IS TO BE COMPLETED BY THE CLIENT**

Primary Substance	Approximate Date of Last Time Used	Age of First Use	Age Regular Use Began
1.			
2.			
3.			

**Substances used in the last 12 months: (please check all that apply)**

<input type="checkbox"/> Alcohol <input type="checkbox"/> Amphetamines, i.e. Ritalin <input type="checkbox"/> Barbiturates, i.e. Phenobarbital <input type="checkbox"/> Benzodiazepine, i.e. Ativan, Valium <input type="checkbox"/> Cocaine	<input type="checkbox"/> Crack <input type="checkbox"/> Glue/inhalant <input type="checkbox"/> Hallucinogens, i.e. Ecstasy <input type="checkbox"/> Heroin/opium <input type="checkbox"/> Marijuana	<input type="checkbox"/> Methadone <input type="checkbox"/> Oxycontin <input type="checkbox"/> Over-the-counter Codeine, i.e. Tylenol #1 & 3s <input type="checkbox"/> Prescription Opioids, i.e. Morphine
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**Have you ever experienced any of the following: (please check all that apply)**

Hangovers  
  Blackouts  
  Vomiting  
  Seizures  
  Shakes  
  Hallucinations  
  Paranoia

Injection Drug Use:  Yes  No

**Previous Treatment Attempt(s)**  No  Yes (Please complete below)

Name of Facility	Date	Completed

How long were you clean/sober after treatment?

What do you identify as the reasons for returning to drinking/drug use:





# MENTAL ASPECT OF SELF

## Mental Health History

Do any of the following apply to you? (Please check all that apply)

<input type="checkbox"/> Tension, anxiety, nervousness <input type="checkbox"/> Eating disorder(bingeing, starving) <input type="checkbox"/> Sexual abuse/assault <input type="checkbox"/> Physical/emotional/mental abuse	<input type="checkbox"/> Low self-esteem <input type="checkbox"/> Grief issues <input type="checkbox"/> Depression <input type="checkbox"/> Fears, phobias	<input type="checkbox"/> Sexuality concerns <input type="checkbox"/> Anger/aggression problems <input type="checkbox"/> Difficulty expressing emotions <input type="checkbox"/> sleeping disorders
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Have you ever had one of the following? (please check all that apply)	YES	NO
Suicidal thoughts		
Self-harm behavior		
Attempted Suicide		
Please describe in detail: (i.e. what you did, you do, when, how current plan, etc.)		
Use this space to give more detail, if required		
Have you ever been hospitalized for a mental health issue? <input type="checkbox"/> No <input type="checkbox"/> Yes		
When	Facility	
Have you ever had counselling for mental health issues? <input type="checkbox"/> No <input type="checkbox"/> Yes		
Name	Agency	
Date	How long	
Please indicate what issues were addressed		
Would you be willing to sign a release of information to access reports from the above agency(s)? <input type="checkbox"/> No <input type="checkbox"/> Yes		
Are counselling/therapy ongoing? <input type="checkbox"/> No <input type="checkbox"/> Yes		



# EMOTIONAL ASPECT OF SELF

## Family Background Information

Family type (please check)

- Living alone
- Single parent
- Spouse and children
- With spouse
- With parents

### Your Family of Origin

Parent Names		Living	Deceased	
Mother				
Father				
Step-mother				
Step-Father				
Brothers' Name	Biological	Step/half	Living	Deceased
Sisters' Name	Biological	Step/half	Living	Deceased
Children' Name & DOB	Biological	Step/half	Living	Deceased



# Family History

Who raised you?  Parents/Grandparent(s)  Extended Family  Foster parent(s)  Adoptive parent(s)

Were you raised:  On reserve  Off Reserve  Combination (both on/off reserve)

	YES	NO
As a child did you witness parental drinking?		
As a child did you witness any violence between parents?		
Were you exposed to any other kind of violence?		
Did you experience any inappropriate sexual behaviour by adults? Other children? Community members?		
Did you experience a suicide death of family member /close friend?		
Have you been sexually abused or sexually assaulted?		
Did you experience divorce or separation of parents?		
Were you ever emotionally abused?		
Did you, your parents or grandparents attend Residential School?		
What Residential school did you or your family member attend?		
Please briefly describe what this experience was like for you or your family member?		

## GENOGRAM



## SPIRITUAL ASPECT OF SELF

Please briefly describe your belief system.

What traditional practices do you participate in?

## **Strengths and Resources**

What gives you hope?

What do you see as your personal strength?

## **Goals for Treatment**

What are your goals for treatment?

What do you see as important areas to work on in treatment in order to achieve your goals?



What group treatment/therapy have you experienced?
What is your availability for treatment?
What do you see as the biggest barrier or potential barrier for attending treatment?

**PRE-TREATMENT SERVICES**

	YES	NO
Withdrawal management services (detoxification)		
Stabilization prior to treatment-supportive service housing, individual counselling, attend meetings		
Medical services-medication management, physical assessment, medical procedures		
Psychiatric services-psychological or psychiatric assessment, medication stabilization		



## AFTER-CARE PROGRAM INTAKE QUESTIONNAIRE

(Complete if only apply for the aftercare program)

		YES	NO
Have you graduated from a structured alcohol or drug abuse treatment program?			
Name of alcohol or drug abuse treatment program	Date of treatment graduation		
Are you currently alcohol and drug free?			
How long have you been alcohol and drug free?			
If you have mental illness, is the illness treated and stabilized? Please explain.			
Are you a resident of the Rainy River District?			
Are you willing to sign an Aftercare Service Contract?			
Are you willing to sign any required release of information forms?			
What are your current concerns regarding your recovery?			
What are your current services needs regarding your recovery?			
What are some risk factors regarding alcohol and drug relapse?			

Client Signature	Date
Intake Counsellor Signature	Date